

REGIONAL ANAESTHESIA

For the full schedule, including dates and times, please refer to the WCA2026 online programme

SUBCOMMITTEE

Co-chairs:

- Kariem El-Boghdadly, United Kingdom
- Nabil Elkassabany, USA

Members of subcommittee:

- Peñafrancia Cano, Philippines
- Xavier Capdevila, France
- Justin Ko, Korea
- Clara Lobo, UAE
- Edward Mariano, USA
- Eleni Moka, Greece
- Afak Nsiri, Morocco
- Ana Schwartzmann, Uruguay

LECTURES

1. CASE-BASED DISCUSSIONS FOR THE REGIONAL ANAESTHESIOLOGIST

Chair: Juan Carlos de la Cuadra-Fontaine, Chile

RA for AV fistula?

Alan MacFarlane, United Kingdom

RA for breast surgery?

Mohamed Mohamed, Egypt

RA for knee arthroplasty?

Ana Schwartzmann, Uruguay

RA for rotator cuff repair?

Alwin Chuan, Australia

2. UPPER LIMB

Chair: Afak Nsiri, Morocco

Upper limb unlocked: regional anaesthesia anatomy principles

Philip Peng, Canada

Breathe easy: the real deal with phrenic sparing techniques

Edward Mariano, USA

Pain-free perfection: walant and distal block magic

Clara Lobo, UAE

3. LOWER LIMB

Chair: Xavier Capdevila, France

Anatomical principles of regional anaesthesia for the lower limb

Nabil Elkassabany, USA



Motor-sparing techniques for knee arthroplasty

Anissa Belbachir, France

Hip fracture analgesia: blocks that matter

Suwimon Tangwiwat, Thailand

4. CHEST WALL

Chair: Ana Schwartzmann, Uruguay

Anatomical principles of regional anaesthesia for the chest wall

Wan Yi Wong, Singapore

Choosing wisely: evidence-based blocks for thoracic surgery

Rafael Blanco, UAE

Analgesia for chest trauma

Fadzai Mugadza, Zimbabwe

5. ABDOMINAL WALL

Chair: Justin Ko, Korea

Anatomical principles of regional anaesthesia for abdominal surgery

Peñafrancia Cano, Philippines

Tailoring analgesia: abdominal wall blocks for minimally invasive abdominal surgery

Nadia Hernandez, USA

Central neuraxial blockade: the gold standard or old news for laparotomies?

Noredine Bouarroudj, Algeria

6. BREAST SURGERY

Chair: Eric Alberchet, Switzerland

Anatomical principles of regional anaesthesia for breast surgery

Barbara Versyck, Belgium

Location, location, location: blocks for breast surgery

Rafael Blanco, UAE

Thinking beyond the needle-tip for regional anaesthesia breast surgery

Francois Retief, South Africa

7. SAFETY AND COMPLICATIONS

Chair: Eleni Moka, Greece

Complications unplugged: tackling procedure and non-procedure risks in regional anaesthesia

Xavier Capdevila, France

Last line of defence: mastering the management of local anaesthetic toxicity

Lionelle Tchokam, Cameroon



Anticoagulation and regional anaesthesia

Sara Amaral, Brazil

8. PRO CON DEBATE

Chair: Clara Lobo, UAE

ESP block: jack of all trades or master of none? (debate)

Justin Ko, Korea

Eleni Moka, Greece

Anaesthesia for hip fractures: block it or knock it?

Kariem El-Boghdadly, United Kingdom

Nabil Elkassabany, USA

9. LEARNING FROM BIG DATA

Chair: Peñafrancia Cano, Philippines

Anaesthesia for hip fractures

Juan Carlos de la Cuadra-Fontaine, Chile

Tiny patients, big data: unveiling the safety of paediatric regional anaesthesia

Lara Ribeiro, Portugal

A century of anaesthesia: are we safer now? insights from the IRORA database

Eric Alberchet, Switzerland

10. THE FUTURE OF REGIONAL ANAESTHESIA

Chair: Suwimon Tangwiwat, Thailand

Artificial intelligence in regional anaesthesia: is it here to stay?

Kariem El-Boghdadly, United Kingdom

Innovation in peripheral nerve blockade

Sanjib Das Adhikary, USA

Global impact: expanding the reach of regional anaesthesia through education and outreach

Kadidja Kone, Côte D'Ivoire

11. OPIOIDS

Chair: Philip Peng, Canada

Intrathecal opioids exposed: the full 360°

Rosie Hogg, United Kingdom

There's no such thing as a free lunch: opioid-free analgesia vs opioid-sparing

Shinichi Sakura, Japan

Perioperative opioid use and regional anaesthesia: it's complicated!

Nadia Hernandez, USA



WORKSHOPS

1. BLOCKS FOR RIB FRACTURES

Workshop Lead: Edward Mariano, USA

SAPB

ESP

PVB

Sanjib Das Adhikary, USA

Xavier Capdevila, France

Rafael Blanco, UAE

2. BLOCKS FOR CARDIAC SURGERY

Workshop Lead: Kariem El-Boghdadly, United Kingdom

SAPB

ESP

Parasternal Blocks

Justin Ko, Korea

Peñafrancia Cano, Philippines

Clara Lobo, UAE

3. BLOCKS FOR ABDOMINAL SURGERY (1)

Workshop Lead: Xavier Capdevila, France

Anterior (Rectus Sheath; TAP; External Oblique)

Posterior (QLB; ESP)

Barbara Versyck, Belgium

Eric Alberchet, Switzerland

Mohamed Mohamed, Egypt

4. BLOCKS FOR ABDOMINAL SURGERY (2)

Workshop Lead: Afak Nsiri, Morocco

Anterior (Rectus Sheath; TAP; External Oblique)

Posterior (QLB; ESP)

Rosie Hogg, United Kingdom

Lara Ribeiro, Portugal

Ana Schwartzmann, Uruguay

5. BLOCKS FOR UPPER LIMB SURGERY (1)

Workshop Lead: Rosie Hogg, United Kingdom

Above the clavicle

Below the clavicle



Mohamed Mohamed, Egypt
Suwimon Tangwiwat, Thailand
Alan MacFarlane, United Kingdom

6. BLOCKS FOR UPPER LIMB SURGERY (2)

Workshop Lead: Alan MacFarlane, United Kingdom

Above the clavicle

Below the clavicle

Francois Retief, South Africa
Wan Yi Wong, Singapore
Shinichi Sakura, Japan

7. BLOCKS FOR HIP SURGERY (1)

Workshop Lead: Eleni Moka, Greece

SIFIB

FICB

PENG blocks

LFC

Kadidja Kone, Côte D'Ivoire
Sara Amaral, Brazil
Philip Peng, Canada

8. BLOCKS FOR HIP SURGERY (2)

Workshop Lead: Eric Alberchet, Switzerland

SIFIB

FICB

PENG blocks

LFC

Anissa Belbachir, France
Lionelle Tchokam, Cameroon
Alwin Chuan, Australia

9. BLOCKS FOR KNEE SURGERY (1)

Workshop Lead: Philip Peng, Canada

Adductor/FTB/FNB

iPACK

Geniculars

Lara Ribeiro, Portugal
Nadia Hernandez, USA
Anissa Belbachir, France



10. BLOCKS FOR KNEE SURGERY (2)

Workshop Lead: Sanjib Das Adhikary, USA

Adductor/FTB/FNB

iPACK

Geniculars

Juan Carlos de la Cuadra-Fontaine, Chile

Sanjib Das Adhikary, USA

Francois Retief, South Africa

11. BLOCKS FOR BREAST SURGERY (1)

Workshop Lead: Rafael Blanco, UAE

Pectoral blocks

Serratus plane blocks

Posterior thoracic wall blocks

Noreddine Bouarroudj, Algeria

Eleni Moka, Greece

Kariem El-Boghdadly, United Kingdom

12. BLOCKS FOR BREAST SURGERY (2)

Workshop Lead: Kadidja Kone, Côte D'Ivoire

Pectoral blocks

Serratus plane blocks

Posterior thoracic wall blocks

Suwimon Tangwiwat, Thailand

Rosie Hogg, United Kingdom

Alwin Chuan, Australia

13. BLOCKS FOR FOOT AND ANKLE SURGERY

Workshop Lead: Clara Lobo, UAE

Popliteal

Ankle

Afak Nsiri, Morocco

Fadzai Mugadza, Zimbabwe

Sara Amaral, Brazil

14. ULTRASOUND-GUIDED NEURAXIAL BLOCKADE

Workshop Lead: Peñafrancia Cano, Philippines

Spinal and epidural

Justin Ko, Korea

Ana Schwartzmann, Uruguay

Barbara Versyck, Belgium



15. PLAN A BLOCKS (1)

Workshop Lead: Alwin Chuan, Australia

Kariem El-Boghdadly, United Kingdom

Mohamed Mohamed, Egypt

Fadzai Mugadza, Zimbabwe

16. PLAN A BLOCKS (2)

Workshop Lead: Shinichi Sakura, Japan

Lionelle Tchokam, Cameroon

Kadidja Kone, Côte D'Ivoire

Francois Retief, South Africa

17. ADVANCED FASCIAL PLANE BLOCKS (1)

Workshop Lead: Edward Mariano, USA

Rafael Blanco, UAE

Clara Lobo, UAE

Xavier Capdevila, France

18. ADVANCED FASCIAL PLANE BLOCKS (2)

Workshop Lead: Barbara Versyck, Belgium

Alan MacFarlane, United Kingdom

Juan Carlos de la Cuadra-Fontaine, Chile

Noreddine Bouarroudj, Algeria

19. THIS WORKSHOP IS ABOUT YOU (SCANNING WITH THE EXPERTS)

Workshop Lead: Justin Ko, Korea

Kariem El-Boghdadly, United Kingdom

Clara Lobo, UAE

Philip Peng, Canada

20. THIS WORKSHOP IS ABOUT YOU (SCANNING WITH THE EXPERTS)

Workshop Lead: Ana Schwartzmann, Uruguay

Nabil Elkassabany, USA

Sara Amaral, Brazil

Sanjib Das Adhikary, USA



PROBLEM BASED LEARNING DISCUSSIONS

1. AMBULATORY JOINT ARTHROPLASTY: COMING TO A THEATRE NEAR YOU

Alan MacFarlane, United Kingdom

Anissa Belbachir, France

2. NERVE INJURY AFTER PNB: A 360° DISCUSSION

Edward Mariano, USA

Barbara Versyck, Belgium

3. REGIONAL ANAESTHESIA IN ORTHOPAEDIC TRAUMA

Nadia Hernandez, USA

Francois Retief, South Africa

4. ANTICOAGULATION GUIDELINES: A CASE-BASED DISCUSSION

Clara Lobo, UAE

Lionelle Tchokam, Cameroon